

Shopping List

- 15 (1) gallon Freezer Bags
- 20 (1) quart Freezer Bags
- Plastic Wrap
- 2 8x8 foil pans (2 enchiladas)
- 1 9x13 foil pan (baked ziti)
- 8 lbs. chicken breast
- 2 ½ lbs. chicken thighs (bone-in)
- 8 oz. cream cheese
- 1 bunch + 4 Tbs cilantro, chopped
- 6 Tbs lime juice
- 16 oz. green chiles
- 4 Tbs cumin
- 3 Tbs chili powder
- 2 tsp onion powder
- 1 ¼ tsp garlic powder
- ½ tsp paprika
- ½ tsp chipotle pepper
- 2 ¼ Tbs oregano
- 2 Tbs Italian seasoning
- 1 tsp dry mustard
- 1 tsp liquid smoke
- 9 tsp minced garlic
- ½ red onion, chopped
- 4 ½ c. shredded cheddar cheese
- 36 flour tortillas (soft taco size)
- 6 burrito size tortillas
- 1 c. grapes, halved
- ½ c. celery, diced
- 6 small onion
- ½ lg. green bell pepper, diced
- ¼ c. raisins
- ¾ c. mayo
- 1 Tbs dijon mustard
- 1 Tbs ranch dressing
- 1 tsp lemon juice
- 2 tsp Worcestershire sauce
- 7 tsp salt
- 4 tsp pepper
- Salt/pepper to taste (x3)
- ¼ c. Walnuts (optional)
- 2 cans cream of mushroom soup
- 1 pint sour cream
- 16 oz. bag corn
- 3 cans black beans
- 2 cans red kidney beans
- 2 cans great northern beans
- 1 ½ c. + 1 Tbs honey
- ½ c. soy sauce
- ½ tsp sesame oil
- 4 Tbs olive oil
- ¼ c. BBQ sauce
- ¼ tsp crushed red peppers
- 3 Tbs cornstarch
- ½ c. salsa
- 6 Tbs brown sugar
- 5 cans diced tomatoes
- 2 cans Rotel
- 78 oz. tomato sauce
- 1 lb. deli ham
- 12 English muffins
- 12 slices cheese
- 12 eggs
- 9 lb. ground beef
- 1 ½ cu + 8 Tbs ketchup
- 1 lb. ziti noodles
- 2 c. mozzarella cheese
- 3 packets taco seasoning
- 3 Tbs tomato paste
- 1 lb. dry pinto beans
- ½ jalapeno
- 3 c. chicken broth
- 7 bananas
- 1 c. Milk
- 4 Tbs vegetable oil
- 2 lg eggs
- 4 ½ tsp vanilla
- 1 ⅓ whole wheat flour (or all-purpose)
- 2 c quick-cooking oats
- 3 ½ cu. old fashioned oats
- ½ cu white sugar
- 2 ½ tsp baking powder
- 2 ½ Tbs cinnamon
- 1 c. unsweetened applesauce
- 1 loaf bread
- Peanut butter
- Jelly
- ½ c. coconut oil
- 4 c. rice
- 6 c. spinach
- 1 ½ c. plain Greek yogurt
- 6 c. mixed frozen fruit (tropical mix)

